

Universal Health Coverage Programme

Strengthening our health system to deliver
“Healthy people in healthy communities”

Stakeholder Update and Q&A, 26 March 2024

Agenda

- 1** Universal Health Coverage At a Glance
- 2** Progress to Date
- 3** Core Benefits Package
- 4** Integrated Care Pathways
- 5** Key Milestones
- 6** Questions

1. Universal Health Coverage At a Glance

UHC aligns with UN Sustainable Development Goals and is a core initiative of the Bermuda Health Strategy



“ Universal health coverage means that **all people** have **access to the health services they need**, when and where they need them, **without financial hardship**. It includes the full range of essential health services, from health promotion to prevention, treatment, rehabilitation, and palliative care. ”

World Health Organization's Health System Building Blocks:

Stewardship & Governance

Healthcare Service Delivery

Healthcare Financing

Health Workforce

Medical Products & Technologies

Information Systems & Data

Legal & Legislation

Bermuda's Healthcare Vision as developed by the Ministry:



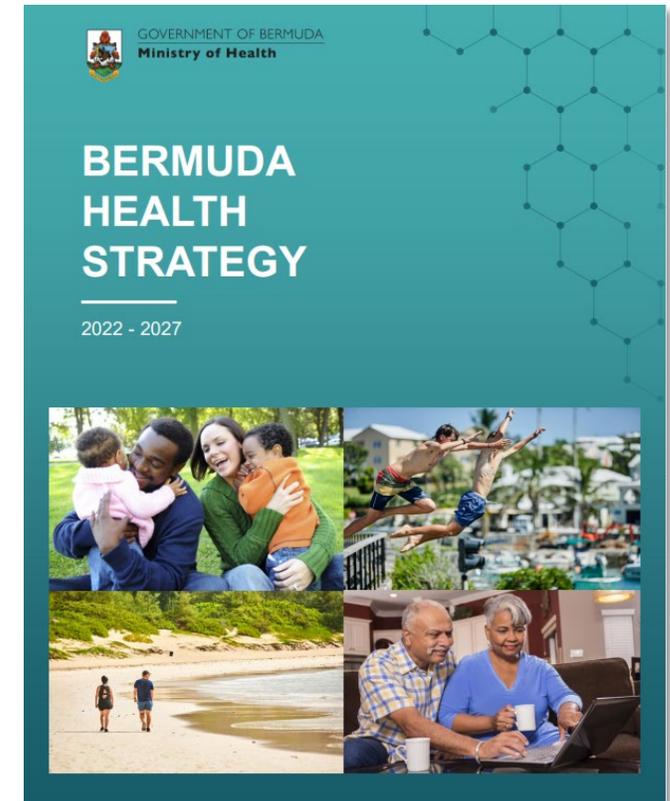
“ Ensuring that all people have equitable access to needed informative, preventive, curative, rehabilitative and palliative essential health services, of sufficient quality to be effective, while also ensuring that people do not suffer financial hardship when paying for these services and critical medicines. ”

Bermuda's Health Strategy 2022-2027 contains eight strategic principles to strengthen Bermuda's health system and deliver accessible, affordable, quality health for all.

"Healthy people in healthy communities"

STRATEGIC PRINCIPLES

1. Promoting healthy living and preventative care
2. Focusing on person-centred care
3. Understanding our population's health needs
4. **Providing access to healthcare coverage** → **Universal Health Coverage**
5. Strengthening our healthcare workforce
6. Harnessing healthcare technology
7. Partnership and collaborative working
8. Preventing wasteful care and promoting efficiency



**Aligns directly with
Universal Health Coverage**

Understanding the Economic Value:

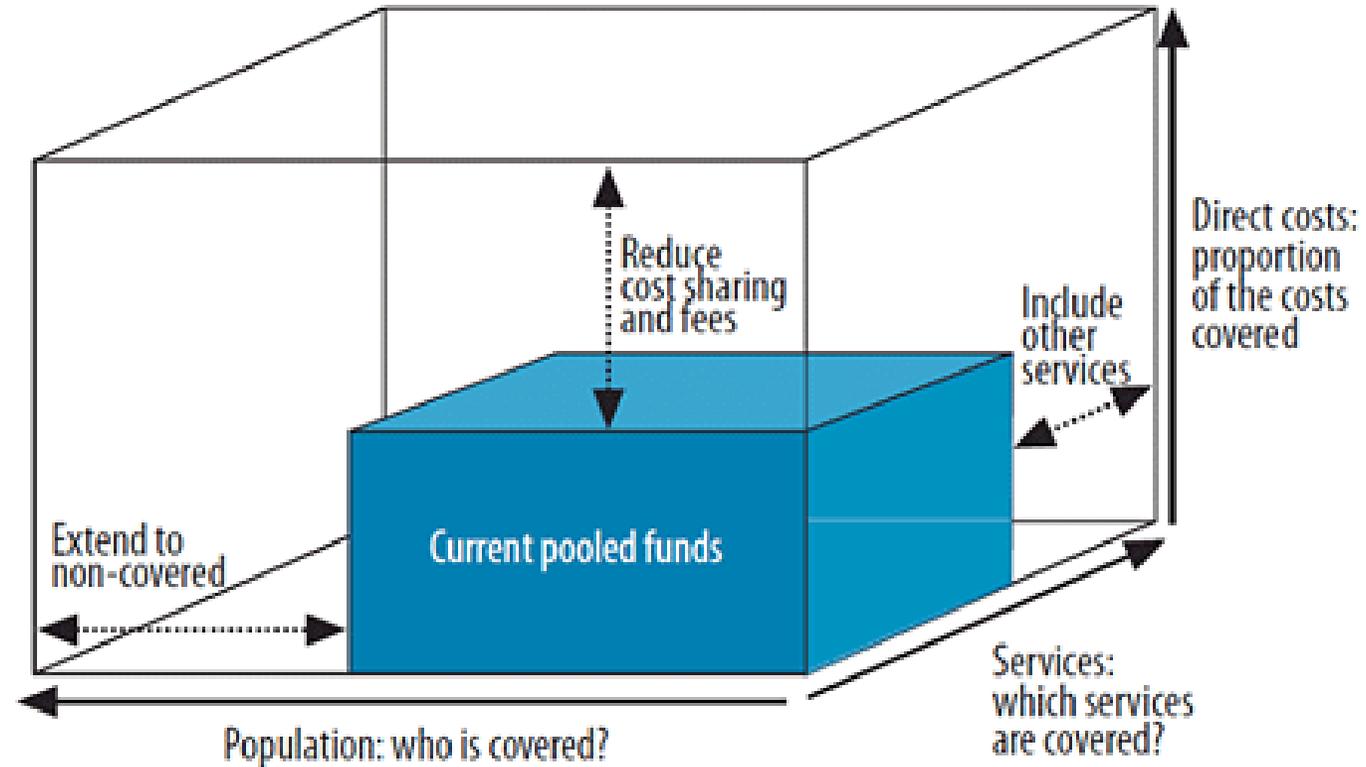
Health system strengthening creates a virtuous circle, adding value and not just costs.



- Examples:**
- ↓ Deaths in working age population and workforce absenteeism due to ill health
 - ↑ Childhood health, cognition, and school attendance; decreased carer responsibilities increasing workforce participation
 - ↑ Jobs and activity within the healthcare sector, increasing revenues and tax receipts from a larger economy

The three dimensions of Universal Health Coverage

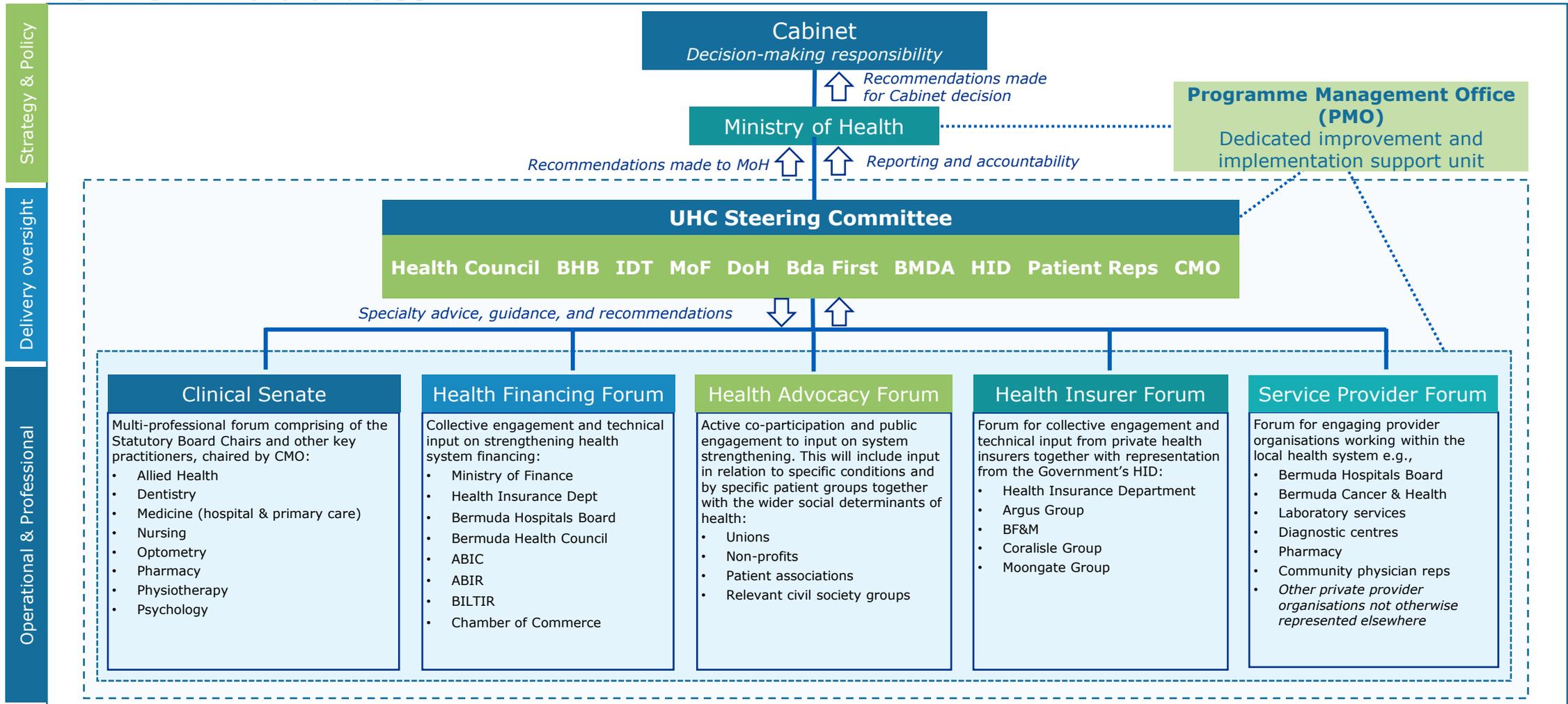
World Health Organization health system building blocks



Three dimensions to consider when moving towards universal coverage



A governance structure has been set up to ensure broad stakeholder involvement and guide ongoing and future UHC initiatives.



2. Progress to Date

Progress to Date

2021

- UHC Steering Committee convenes
- High-level roadmap developed for strengthening Bermuda's health system
- Roadmap presented to broad range of stakeholders

2022

- UHC Steering Committee expanded and establishes monthly meetings to undertake foundational work for 2022/23
- Bermuda National Health Strategy 2022-2027 published
- Business Case developed for establishment of UHC Project Management Office

2023

- UHC Project Management Office established
- Joint Strategic Needs Assessment
- National Digital Health Strategy
- National Health System Metrics (Baseline)
- Assessment of Merger of Government Funds
- Mapping of three Integrated Care Pathways.
- Procurement Assessment
- Key milestones for 2023/24 through 2025/26 mapped

2021

2022

2023

What's Happening in 2024 and beyond?

- Integrated Care Pathway Mapping for Acute Adult Mental Health, Chronic Kidney Disease, and First 1,000 Days
- PMO Director and two Project Managers hired

- Integrated Care Pathway Implementation (Acute Adult Mental Health, Chronic Kidney Disease, First 1,000 Days, Cancer)
- National Digital Health Strategy Implementation Planning
- Core Benefits Package
- Enhanced Care Pilot Review
- UHC Governance Model Review
- Enterprise Master Patient Index (EMPI)

- Health Regulations
- National Health System Metrics
- Healthcare Modelling & Financial Analysis
- National Digital Health Programme
- Integrated Care Pathway Mapping for Diabetes & Metabolic Diseases, Respiratory Illnesses, Post Acute Care, and Cardiovascular Disease (BHB-led)
- National Healthcare Workforce Strategy
- Clinical Coding Improvement

COMPLETED

**IN
PROGRESS**

UP NEXT

Eight new initiatives are currently underway or to be started.

Master Project	Subproject
1. Healthcare Modelling	
	1.1 Model current and future health care costs and utilisation of services 1.2 Continue study into Merger of Government Funds 1.3 BHB Assessment
2. National Digital Health Programme	
	2.1 Establish Governance Structure 2.2 Implement Governance Structure 2.3 Business Case and Financing 2.4 Infrastructure Development - Research Enterprise Master Patient Index 2.5 Identify Digital Workforce Development Needs
3. National Health System Metrics	
	3.1 Develop National Health System Metrics- for UHC Programme 3.2 Develop National Health System Measures- three stakeholder groups
4. Clinical Coding Improvement	
	4.1 Improve Coding Accuracy - Research available resources 4.2 Improve Coding Accuracy - standardised claims system 4.3 Streamline Eligibility processes - pre-approval processes

Eight new initiatives are currently underway or to be started.

Master Project	Subproject
5. Core Benefits Package	
	5.1 Extend Enhanced Care Programme (ECP) Benefits (Pilot Review) 5.2 Define Core Benefits Package 5.3 Define legal entity for the provision of the Core Benefits Package 5.4 Identify preferred Core Benefits Package Option 5.5 Fee Standardisation 5.6 Implement Phase 1 Core Benefits Package
6. Integrated Care Pathways	
	6.1 Determine recommendations that cross all pathways to be implemented 6.2 Implement Pathway: Acute Adult Mental Healthcare Pathway 6.3 Implement Pathway: Chronic Kidney Disease 6.4 Implement Pathway: First 1,000 Days 6.5 Implement Pathway: Cancer 6.6 Map additional pathways
7. Health Regulations	
7A UHC Legislation	7.1 Research Legislation Requirements/Changes to implement UHC
7B Health Regulations	7.2 Clinical Standards Development 7.3 Patient Rights –Research
8. Healthcare Workforce	
	Healthcare Workforce Strategy
UHC Programme Governance Review	
	UHC Programme Governance Review

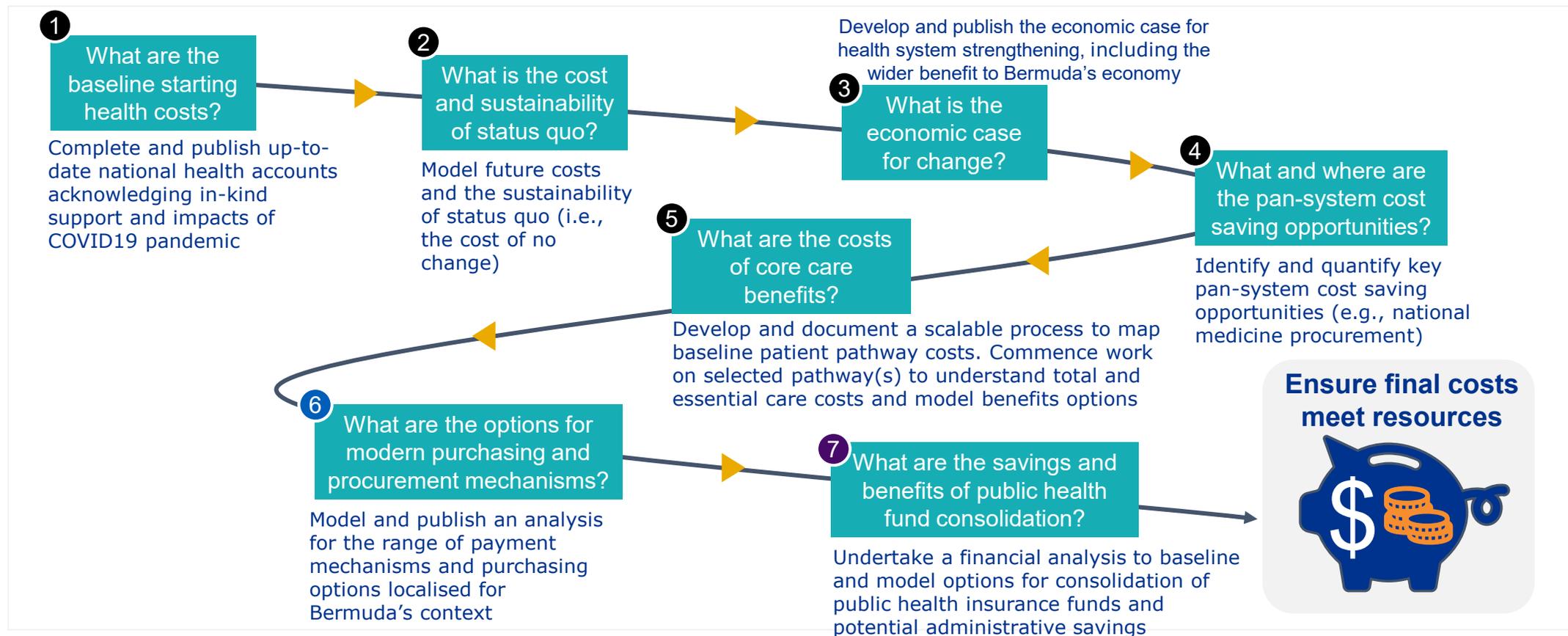
3. Core Benefits Package

Understanding Health System Financing

The affordability of healthcare for Bermudians is deeply challenging, yet population health does not reflect this current level of expenditure.

In order to improve this and ensure a sustainable health system, it is important to fully understand the current and future costs, both at a system and individual patient level as they pass through their journey of care.

► **The UHC Steering Committee has agreed a pathway to baseline, model, and improve future affordability and sustainability for healthcare in Bermuda:**



Understand a Core Benefits Package

“Health Benefits Package” (HBP) =

A set of services that can be feasibly financed and provided under the actual circumstances in which a given country finds itself.

- ▶ **Provides an explicit definition** of which programmes, services, and interventions should be provided and financially covered for the population
- ▶ **UHC aims to assure the delivery** of certain health services or products, free of charge or at a subsidised fee, for the entire population
- ▶ **Takes an evidence-based approach** that is aligned with needs and resources, allowing reasons for adoption or rejection to be explained against explicit criteria

UHC Core Benefits Package: What it is and isn't

Universal Health Care vs. Universal Health Coverage

- Not all care, for all people, all of the time

Safety net semantics: Core vs. Essential vs. Basic

Not starting from scratch, but 'no one-size-fits-all'

- Culture
- Resource
- Economics
- Demographics
- Population health

Nor is there any one 'right' approach to developing this!

4. Integrated Care Pathways

Progress with Integrated Care Pathways

MINISTRY OF HEALTH-LED:

- Acute Adult Mental Health
- Chronic Kidney Disease
- First 1,000 Days (to be publicly released imminently)

BHB-LED:

- Breast Cancer
- Prostrate Cancer
- Lung Cancer
- Colorectal Cancer

- Acute Adult Mental Health
- Chronic Kidney Disease
- First 1,000 Days
- Cancer Pathways

MINISTRY OF HEALTH-LED:

- Diabetes & Metabolic Diseases
- Respiratory Illnesses
- Post Acute Care

BHB-LED:

- Cardiovascular Disease

PHASE I
PATHWAY
MAPPING
COMPLETE

PHASE II
IMPLEMENTATION
OF PRIORITY
RECOMMENDATIONS

UP NEXT

Acute Adult Mental Health Integrated Care Pathway

KEY FINDINGS:

1. The need for mental health services in Bermuda is high.
2. Need is believed to have increased since Covid-19
3. Mental health has received little policy attention.
4. Cost and stigma have been identified as major barriers to accessing care.
5. There is no public, early-intervention mental healthcare services available in the community in Bermuda.
6. There is lack of adequate housing options for hospital discharge.
7. Bermuda's current model of mental healthcare is financially unsustainable.

RECOMMENDATIONS

Short-term

- 1 Mental Health Forum
- 2 Alliance for Mental Health Advocates
- 3 Mental Health Service Repository & Booklet
- 4 Mental Health Coordination Unit
- 5 Mental Health Awareness & Prevention Campaign
- 6 Mental Health Screenings
- 7 Public Early Detection and Intervention Programme
- 8 Mental Health First Aid Training

Medium-term

- 9 Mental Health Needs Assessment
- 10 Bermuda National Mental Health Strategy & Roadmap
- 11 Expansion of Integrated Mental Healthcare Pilot Programme
- 12 Mental Health Services for Mental Health Professionals
- 13 Patient and Family Support Group
- 14 Financial Assistance Support
- 15 Partnerships with Community Organisation

Long-term

- 16 Business Case for Purpose-Built Central Rehabilitation Environment (Clubhouse)
- 17 Inclusion in Universal Health Coverage Core Benefits Package.
- 18 Mental Health Act & Mental Capacity Act
- 19 Mental Health Patient Council
- 20 Collaborative Forensic Pilot Programme

Chronic Kidney Disease Integrated Care Pathway

KEY FINDINGS:

1. Chronic Kidney Disease ("CKD") places a significant burden on Bermuda's health system.
2. CKD's high prevalence in Bermuda constitutes a major health crisis.
3. The current CKD care model puts a considerable financial strain on Bermuda.
4. Barriers to accessing care include financial, cultural and informational barriers.
5. Patients generally express a high level of satisfaction with the care they receive in Bermuda.
6. Satisfaction is based on feeling well-informed about their condition and treatment.
7. Patients value health service providers' compassionate and caring attitude, and their willingness to go above and beyond.

RECOMMENDATIONS

Prevention & Early Detection

1. CKD Registry for screening and data analysis
2. Develop targeted prevention and screening programmes
3. Promote achievable lifestyle modifications

Education and Awareness

4. Strengthen patient education in individual and group settings
5. Enhance GPs understanding of CKD progression and introduce formal CKD management and referral guidance
6. Provide clear, repetitive messages when communicating with patients

Coordination & Patient Support

7. Work with National Digital Health Programme to improve information sharing among health service providers
8. Encourage patients to establish non-profit support organisation for patients
9. Facilitate individual support for patients
10. Promote and incentivise home dialysis modalities

Access and Affordability

11. Address barriers to accessing care
12. Identify strategies for enhanced financial sustainability
13. Research options to better align nephrology service funding for equitable access to evidence-based interventions
14. Include CKD care in UHC Core Benefits Package

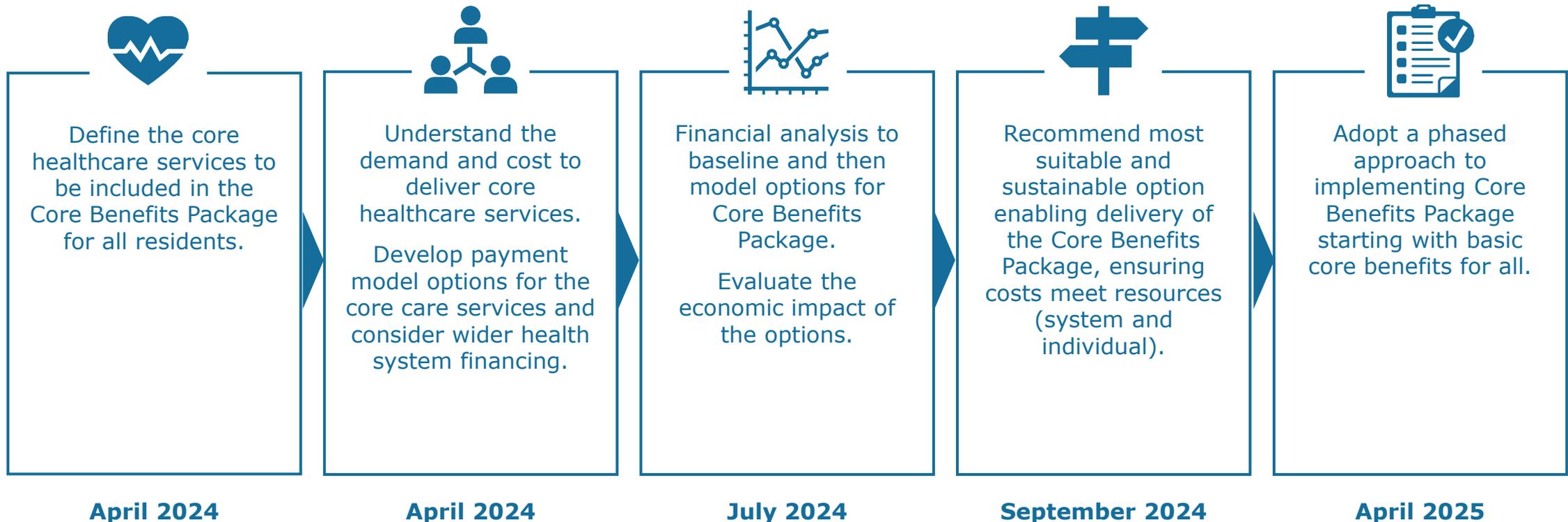
Organ Donation & Transplants

15. Promote organ donation through targeted campaigns
16. Secure robust funding for organ donation and transplants
17. Introduce standard and appropriate coverage for live organ donors 22

5. Upcoming Milestones



Several key milestones guide our work over the coming months



6. Questions?



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